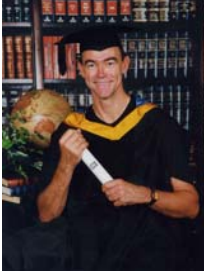


One Crazy Dream, Panama - The Dream So Far & Volunteering

**Ideas – Strategic Life Plan
1999 / 1st Degree 43yo 2003**



Plenty of Ideas – No \$ Left

No Dollars - Work On Plan



Volunteering & Pro Bono Work in Mexico Towards Expat Paid Job

Courage 2005-8



Professional Break in Iraq, Being the Hunted Though

Resources



Close Shave Surviving Iraq But Gained \$ & Experience

Pick Panama 2006



Decided on Panama for "Seachange"

Recreation



Punta Brava

Catching Not Being Caught



Pargo – A Beauty

Bocas Disaster



Wet Camera & Lost Wallet Saga

Taking a Risk



Boat Trip to Calovébora

Investing Unwisely 2006



Land Purchase

Back in the Saddle



Got to Keep At It

Investing Wisely



El Cangrejo

A Little Help



Numbers Game

Investing Wisely 2007



Casco Viejo

Fixing Unwise One



Property Behind Owner – Sante Fe

Investing Wisely Hope 2008



Commercial Property Under Negotiation Still

Fundacion Calicanto Casco



Donation Made Mar 2008
Capacitación Mujeres

Own 1 Asset Finally 2010



Loft 16C El Cangrejo

Mostly Own Second Asset 2010



La Merced Unit 1 Casco Viejo

"Seachange" Kindred Spirits



Chiriqui Jan 2010